



Kenya's CAF CC representatives lines up first friendly

Ulinzi Stars , Kenya's representatives in the Confederation of African Football (CAF) Confederation Cup will face off against Muhoroni Youth in a friendly match this Thursday 12 January starting 1100 hours.

The Soliders were among the first team to hit the ground running for preseason and have since mapped out the friendly encounter at Afraha Stadium in a bid to help the team step up in some ball work aspects.

Ball work

-The first two weeks have all been about fitness and the coach has really worked on that. The boys are now getting into some ball work and the friendly against Muhoroni will help take this a notch higher, team Officer in Charge Captain Godwine Baraza told the club's portal.

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-This is the first of many friendly matches we are going to play and next week we will put out plans for more intensive training. Definitely we will have to go for a camp somewhere for concentration and team building, he added.

Ulinzi Stars are scheduled to [face Libya's Al Hilal Benghazi](#) in the preliminary rounds of the competition.

Written 11/01-17 10:25 by Luke Oluoch